

海外体験報告 (Overseas experience report)

看護学専攻 1	年 氏名 Shuka Endo	渡航先 Toronto, Canada
<input checked="" type="radio"/> 海外研修 <input type="radio"/> 海外留学 <input type="radio"/> 海外学会参加・発表 <input type="radio"/> その他 ()		
利用制度/学会名 (Study Abroad Program (SAP) by東北大学グローバルラーニングセンター)		
渡航期間 period	2017-08-27 ~ 2017-09-25	(30 日間)
費用 cost	航空費+滞在費+海外保険+生活費 = 230,000 円	
	財政支援 80,000 円 (財源: 東北大学基金)	
渡航のための準備 Preparatory activities (事前研修プログラム、独自での語学勉強、下調べなど) I learned about Canadian history and culture and did a presentation in English through an "Advance Program". I talked to students who have been there. I also contacted the host family by email.		
<p>渡航経験からの学び What I learned from this experience?</p> <p>During my stay, I had four kinds of English classes everyday - speaking, reading, writing, and listening. Therefore, I could improve all aspects of my English skill. Furthermore, I stayed with a Canadian host family, so I could practice speaking English with my host mother and her son every day. I made many friends from different countries, such as Canada, Brazil, Chili, Saudi Arabia, and South Korea. I am still in contact with them even now! I learned not only about Canada but also about their countries. I went to some museums with my host family, so I could learn about Canadian history and culture with even more clarity than before. I didn't know about the famous food in Canada before, but I now know. I discovered that poutine, which is made of fries, cheese, and gravy, is very popular. Even at the supermarket, I learned a lot of things. Once I entered the supermarket, I found out that I cannot exit without buying something! I was also surprised that the vegetables, fruits, and ice creams were all super-sized, and the bread in Canada is much cheaper than those in Japan. It was very interesting. After I came back to Japan, I wanted to be more adventurous and try to keep study English!</p>	 <p>写真の説明 legends of photo With my classmates who are Canadian and Brazilian. They are my best friends.</p>	
おすすめポイント reason for recommendation We had 4 hours of English education and Canadian culture classes every day and we had 6 nationalities in my class. We also went on some day trips. We went to Canada's Wonderland and we visited the Niagara Falls. I stayed with a host family, so I was able to spend a lot of time in an all-English environment.		

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看護学専攻 2	年 氏名 三上菜々子	渡航先 Sri Lanka
<input type="radio"/> 海外研修 <input type="radio"/> 海外留学 <input type="radio"/> 海外学会参加・発表 <input checked="" type="radio"/> その他 (ボランティア)		
利用制度/学会名 (Global Village program)		
渡航期間 period	2018-02-22 ~ 2018-03-04	(11 日間)
費用 cost	航空費+滞在費+海外保険+生活費 = 220750 円	
	財政支援 0 円 (財源:)	
渡航のための準備 Preparatory activities (事前研修プログラム、独自での語学勉強、下調べなど) 事前に派遣メンバーが集まって現地のことやGlobal Village programについて勉強。		
<p>渡航経験からの学び What I learned from this experience?</p> <p>Global Village programはNGO団体Habitat for Humanityが主催する海外建築ボランティアです。今回派遣されたのはSriLanka中央部のヌワラエリヤにあるランボダという町です。英国による植民地支配時代にインドから連れてこられたタミル人が働いていた紅茶プランテーション近くに建設されている集合住宅の建築支援を行いました。この集合住宅にはプランテーションで働いていたタミル人の子孫たちが移住する予定です。</p> <p>この建設計画プロジェクトにはIndia政府より助成金があるので、ここに暮らす予定の人々は自分が住む予定の家を大工と一緒に作業をすることが求められます。平日は茶摘みの仕事があるため、夕方や休日に活動します。学校帰りの子供たちも建築のお手伝いをしていました。私たちが行った作業は穴堀やブロック積など肉体労働が多かったです。</p> <p>作業の合間に集落の人々にインタビューをしたりお家を拝見する時間がありました。想像していた以上に過酷な生活を過ごしており、参加したメンバーの中にはショックを受ける人もいました。自分たちは何ができるのか、ボランティア自体が貧困解決の一助として正しいのかそれぞれ考える時間を得ることができました。</p>		
	<p>写真の説明 legends of photo 家の外壁を並べているところです。</p>	
<p>おすすめポイント reason for recommendation 東北大学のプログラムとは違い、農村部に行くため観光などとは違います。その国の貧困問題に向き合え、その地域の人々と一緒に作業して生活する2週間は、その国のリアルに向き合える貴重な時間だと思います！</p>		

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看護学専攻 1	年 氏名 Shuka Endo	渡航先 Moscow, Russia
<input type="radio"/> 海外研修 <input type="radio"/> 海外留学 <input type="radio"/> 海外学会参加・発表 <input checked="" type="radio"/> その他 ()		
利用制度/学会名 (TUCPR : Tohoku University Cross-Cultural Program with Russia)		
渡航期間 period	2018-03-11 ~ 2018-03-24	(14 日間)
費用 cost	航空費+滞在費+海外保険+生活費 = 35,000 円	
	財政支援 100,000 円 (財源 :)	
渡航のための準備 Preparatory activities (事前研修プログラム、独自での語学勉強、下調べなど) Before my departure, I learned about Russian history and culture and did a presentation in English through an "Advance Program". I also learned about the experiences from students who have been there. My friend was studying Russian, so he taught me simple greeting, grammar, and vocabularies.		
渡航経験からの学び What I learned from this experience? I learned Russian in English, so now I can introduce myself in Russian. Although Russia is very close to Japan, I didn't know anything about it prior to my trip. I was very happy that I had the opportunity to visit some museums, to go on a Moscow river cruise and to experience painting my own matryoshka (famous Russian wooden dolls). I thought Russians didn't laugh so much and that they were very strict and cold. I was surprised to discover that I was totally wrong! People who I met there were very kind and they sometimes laughed. Although it is true that some Russians think people who laugh a lot look silly, so they don't laugh so much. This is something I learned about their culture. One day, when I got lost, a Russian man kindly explained to me the way home. Although most Russian can't understand English, they tried their best to understand what I wanted to say. I think most Japanese aren't so interested in Russia. However, most Russian people know Japan well and they greeted me in Japanese on the street and at the supermarket. I was surprised. I believe we have to visit places in person. If I didn't, I would never have known the real Russia!		
	写真の説明 legends of photo In front of the Red Square with my friends	
おすすめポイント reason for recommendation Russian food is very delicious such as borscht (red beetroot soup), piroshki (bread with beef and vegetables inside), and pelmeni (dumpling with meat or vegetable). Russian culture is also fantastic! You can see ballet, opera, and visit famous art galleries. Most importantly, in this program, you can learn two languages at once, both Russian and English!		